

Dear Doctor,

This is page 1 of 2 pages. You are being asked to examine this candidate for a racing licence for the ASN Canada FIA. If you find the candidate physically and psychologically fit, and they pass their other tests, the candidate will then be granted a licence that will enable them to drive a competition vehicle at extremely high speeds under the most exacting conditions. Please, therefore, examine the candidate carefully and critically, and recommend them only if you are completely satisfied in all respects. You will thus be doing not only the applicant, but also our sport, a service by conducting this examination as carefully as possible.

The following is an excerpt from our regulations outlining the minimum standards required in a medical examination:

Eyesight standards required:

- a) Visual acuity (before or after correction, sight for each eye should be at least 9/10 (metric)). Furthermore, any subject whose visual acuity in one eye only is diminished and cannot be corrected and who necessarily has controlateral vision, whether corrected or not, equal to or greater than 10/10 (metric), may obtain a driver's licence under the following conditions and after examination by a competent ophthalmic specialist:
 - Field of vision equal to or greater than 200°
 - Functional stereoscopic vision
 - Condition of the fundus excluding pigmentary retinal damage
 - Any old or congenital damage shall be strictly unilateralBlindness in one eye is absolutely excluded
- b) Normal binocular vision
- c) Normal colour vision (recourse to the Ishihara tables in doubtful cases and to the Beyne Lantern, or a similar system in cases of error); in any case, no errors in the perception of the colours of the flags used in international competitions
- d) Normal field of vision
- e) Normal stereoscopic vision (licence should not be issued to applicants who are blind in one eye).
- f) The wearing of contact lenses is permitted provided that:
 - These shall have been worn for a period longer than 12 months and for a significant period every day
 - They are certified as satisfactory for motor racing by the ophthalmic specialist who supplied them (hard contacts are not recommended)

List of illnesses and disabilities incompatible with the practice of motor sport:

- a) Incompatible illnesses and disabilities
 - Epilepsy with behavioural effects, or under treatment
 - Amputations, except in the case of fingers where the gripping function in both hands is unimpaired
 - Orthopedic appliances, if the functional result is not equal or near to normal
 - Free movement of the limbs impeded by more than 50%
- b) Illnesses or disabilities requiring a medical assessment by the ASN:
 - Insulin-dependent diabetes, on condition that a document is provided to ASN Canada FIA signed by a medical doctor specializing in diabetes or internal medicine proving the regular supervision of the party concerned and of their treatments.
 - Myocardial infarction and myocardial ischaemia, valvular disease or other abnormal cardiovascular conditions
 - Functional limitation of the articulations of the hand superior to 50% and affecting two or more fingers of the same hand
 - Orthopedic appliance allowing the party concerned to recover normal or near normal functional activity
 - Psychiatric conditions



Physical Examination Form for ASN Canada FIA Competition Licence

Note to examining Physician – This is Page 2 of the form – Please review Page 1 before the examination.

Applicant's Personal Information

Name: _____ Age: _____
Address: _____ Date of Birth: _____
City/Province: _____ Postal Code: _____
Occupation: _____ Gender: M [] F []

Re-Examination:

It shall be the responsibility of the applicant to be re-examined as follows:

- 1. Upon the expiration of their current medical examination form as required by the current competition rules.
2. Following any significant illness, injury or hospitalization.

Examining Physician's Report

1. Name, address, and telephone number of examining Doctor, affix your stamp in the box.

Name: _____ Telephone: _____

Address: _____



2. Is there any evidence of abnormality of the heart or cardiovascular system? (If yes supply details)

Yes [] No []

NOTE: Applicants for International Competition Licence are required to pass an annual medical examination. International licence applicants 45 years of age and over must pass a stress-related electrocardiogram test initially and every 2 years thereafter. Please supply a written report (not a trace).

ECG Date: _____

3. Is there any evidence of a physical or mental condition, past or present which could, in your opinion, debar the applicant from holding a motor sport competition licence? (If yes supply details)

Yes [] No []

4. Does the applicant have any physical abnormality or restriction of movement of upper and or lower limbs? (If yes supply details)

Yes [] No []

5. Vision - Uncorrected
- Corrected
- Field of vision
- Is colour vision normal? (If no supply details)

R eye 20/_____ L eye 20/_____

R eye 20/_____ L eye 20/_____

Yes [] No []

6. Blood Pressure (If outside normal provide details)

Diastolic - _____ Systolic - _____

7. Tetanus Booster

Date: _____

Comments on History and Findings (continue on another page if necessary)

The applicant should have no established medical history or clinical diagnosis that may reasonably be expected, within 2 years after this finding, to make them unable to exercise the privileges of an ASN Canada FIA competition licence.

On the basis of the above report, and mindful of the information provided to me, I make the following recommendation:

- [] That the applicant is physically and psychologically fit to drive a racing vehicle in competitive events at high speeds.
[] That the applicant is NOT physically and psychologically fit to drive a racing vehicle in competitive events at high speeds.

Date: M: _____ D: _____ Y: _____

Signed: _____ M.D.



Medical History Self-Declaration for an ASN Canada FIA Competition Licence

All National Licence applicants are required to pass a medical examination by a physician as follows:

- At the time of a first-time licence application if no previous medical examination has been done or a medical examination is due.
- Every five (5) years for applicants 11 to 35 years of age.
- Every two (2) years for applicants 36 to 59 years of age.
- Every year for applicants 60 years of age and older.
- Applicants require a medical self-declaration (this form) in the years in which a medical examination by a physician is not required.
- ASN Canada FIA reserves the right to request a medical examination by a physician from a licence applicant at any time.

Applicants for International grades of Competition Licence are required to pass an annual medical examination. International licence applicants 45 years of age and over must pass a stress-related electrocardiogram test initially and every 2 years thereafter.

Competition Licence Applicant Information

Please PRINT in BLOCK letters

Name: _____	Age: _____
Address: _____	Date of Birth: _____
City/Province: _____	Postal Code: _____
Occupation: _____	Gender: M <input type="checkbox"/> F <input type="checkbox"/>

Applicant's Medical Self-Declaration

Have you been treated for, have you ever had, or have you now, any of the following: (Yes responses should be explained on a separate sheet and attached when submitted)

Conditions:	Yes	No	Conditions:	Yes	No
Frequent or severe headaches			Hay fever		
Unconsciousness for any reason			Eye trouble (except glasses)		
Dizziness or fainting spells			Asthma		
Epilepsy or Seizures			Diabetes		
Heart Trouble			Anemia, or other blood diseases including abnormal bleeding		
Coronary Artery Disease or Angina			Admission to a hospital in the past 12 months		
Valve disease			Amputations / Physical disability		
Left Bundle Branch Block			Previous denial(s) from ASN due to a medical reason(s)		
Abnormal Cardiac Rhythms			Any drug, narcotic or alcohol problems		
High Blood Pressure			Previous medical exception from ASN		
Psychiatric/Mental Health Problems			Illness(s) not mentioned here:		
Operation(s) involving Eyes, Brain, Heart, Nerves, Blood Vessels, or Bones					

Date of last Tetanus: _____

Any known medical conditions which could affect your ability to compete must be immediately reported to ASN Canada FIA

Comments: _____

This is to certify that these statements are true and accurate. I also give permission to any hospital, institution, or physician, to furnish any information to ASN Canada FIA.

Applicant's Signature: _____ Print name _____ Date: _____

Signature of Parent/Guardian if applicant is under the age of majority:

Parent/Guardian Signature: _____ Print name _____ Date: _____