



KUWALA
Christian Girls School

CRA Charitable Registration
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STORIES FROM THE FIELD



29-AUG-2021 | 21_105

GOIN' HOME GOING MOBILE

Keep me moving. The girls are off to their homes for a two-week break with the expectation that they focus daily on a two-hour study time. They will have school work, and there is an opportunity to connect with other girls in their village, compare and share what they have learned, and exchange ideas. Parents arrive on motorbikes to pick up their daughters, who are excited to go home for the break.



Kuwala is on a two-week break to re-connect with family, and the village The popular form of transportation in Malawi is the motorbike.



Evaluation Day went well at Kuwala, with teachers, parents and students participating in a review of the term.

The parents are encouraged to support their daughters and help them to stay focused on learning. Classes resume at the end of August until the middle of November.



Village outreach program by Kuwala Students_2021

It takes a whole village to raise a child.

But it's the children that pay it forward with kindness.

Modified African Proverb



In Malawi, sugar, salt, and soap are staples used every day, but many elders go without the necessities. As part of the **Outreach program at Kuwala**, the girls plan to use the coin collection from the Sunday Church services to provide sugar, salt and a tablet of soap to the elders in the village. They will also be visiting the village elders, helping out with cleaning and dish washing. *Continued...*



KUWALA OUTREACH IN THE COMMUNITY

The girls are learning to respect their elders and are developing an appreciation of what they have earned. Respect may be one of the greatest lessons to be discovered. Kuwala is a beacon of light for the neighbouring villages where this partnership forms a stronger bond with the village. When educated girls go home to their villages, their leadership impacts their community.



*Kuwala-Outreach-students puts a sugar in Mr Jonas' cup of tea.
Kuwala_2021*



KEEP ME MOVIN' OVER 50

These class of karts reach speeds of 100km/hr

RACING WITH THE WIND, MEET OWEN + ASHER.



Two boys from Canada are fundraising for girl's education in Malawi. We love Kart racing. For five years, we have been racing at the Manitoba Karting Association near Gimli, Manitoba, Canada. We have done it for joy and personal challenge. However, this year the boys have decided to race for something greater than their personal goals—the proceeds from the race support **Kuwala Christian Girls School in Malawi.**

Our inspiration for choosing Kuwala comes from a mission that Kuwala is a boarding school in rural Malawi that educates girls who have no other options due to extreme poverty. Kuwala provides a safe environment where students are cared for and can focus on their education. We are fundraising on Canada Helps.

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COOKING IS LOVE INVOLVING AIR, FIRE, WATER, AND EARTH. IT'S ABOUT NOURISHING THE SOUL.

What 3:30 am looks like in the kitchen. When St. Peter's Assembly Hall opens, the new kitchen will function as a professional space for the Culinary team.

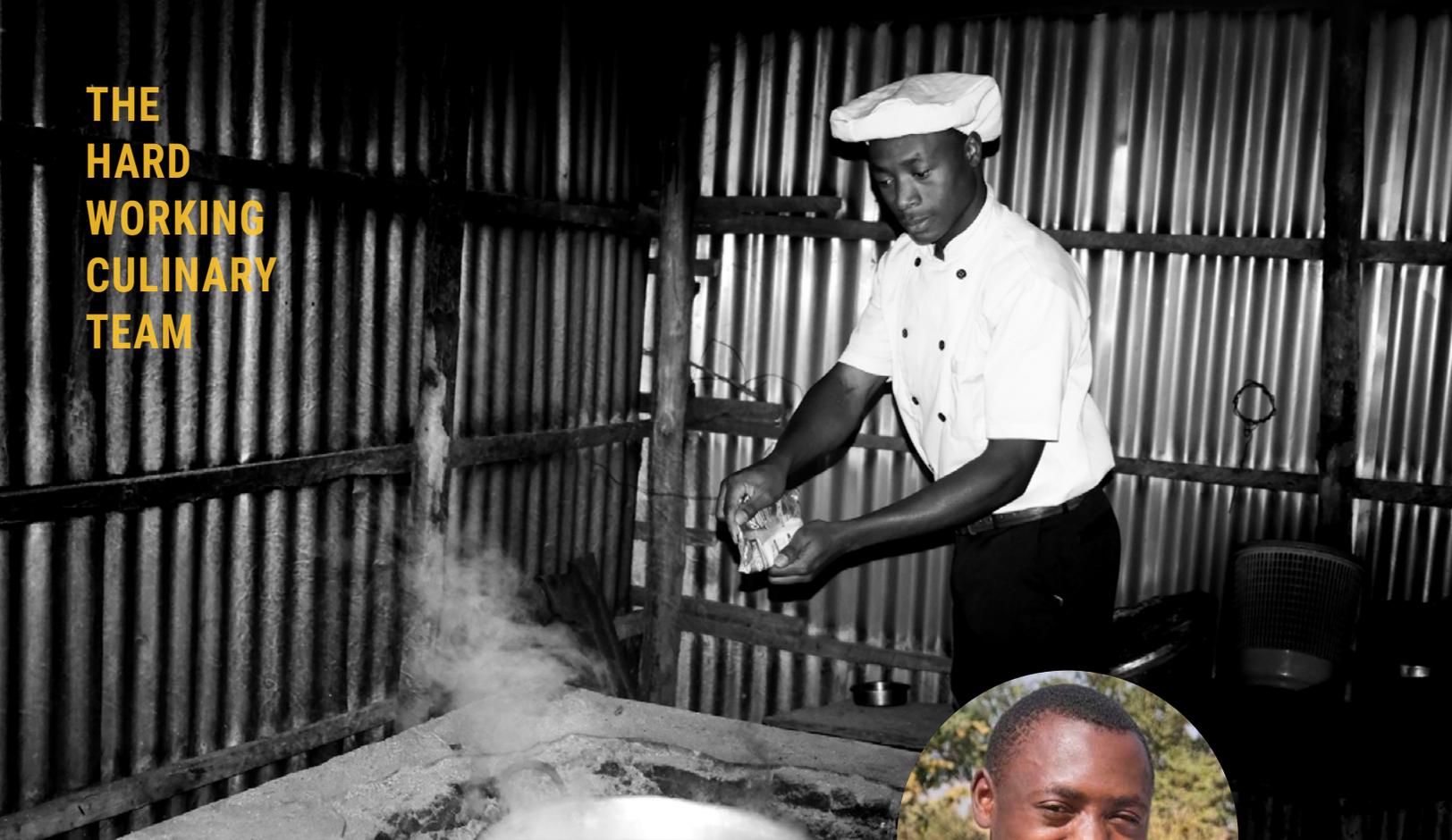
Great cooking is the heart and soul of Kuwala.

Kuwala hires and trains the Culinary staff. Preparations for the day begin at 3:30 am, as breakfast is served at 6:00 am. Presently, the kitchen has no lights. Therefore, to make a fire using locally sourced firewood, flashlights need to be used. The Cooks alternate between two types of porridge; one made from cornflour, and the other, the student's favourite, is made from rice. The rice is boiled with salt until it becomes quarter solid, then sugar is added. Tea with milk is served at 10:00 am, and twice a week, a bun is on the menu.

After breakfast, lunch and dinner preparations begin. The Cook's day wraps up once they complete all the meals for the next day. The students enjoy a 3:30pm tea break and dinner around 5:00 pm. The menu consists of Nsima, a staple food made from corn flour, leafy vegetables, rice, beans, eggs, tomatoes, soya pieces, bananas, chicken and beef. Twice a week, the students enjoy meat and eggs. Kuwala is there for the communities; it supports the local shops and bakeries with food and supplies, and someone purchases the firewood from residents who have woodlots. In Malawi, obtaining wood from natural forests is not allowed.

Workers plan to install the new kitchen equipment once the St Peter's Assembly Hall is complete; watch for that great story in an upcoming newsletter. *Continued...*

THE HARD WORKING CULINARY TEAM



In their own words...

Meet Ndadai: I have a Grade 5 education and live in the village. Kuwala is a turning point for me as I have become the most reliable son of my parents. I have gained skills that I would never have been allowed to obtain without a Grade 12 certificate, and that would have cost me too much to afford if I enrolled with a vocational training institution. I have worked as a Cook for Kuwala for three years.

Meet Chikumbutso: I have a Grade 9 education and live in the village. I never thought I would get a job, but I have been at Kuwala as a Cook for three years. Everyone in my community has respect for me. I can afford to send my kids to school— a steel roof replaced my thatched house.

Meet Jetelo: I have a Grade 3 education and relocated to the village with my Uncle. I do not have a piece of land to farm, so Kuwala is the only hope I have. I have three years of food preparation experience through Kuwala, and that is my future. I always thought cooking was for women, and now I cook for female students. My life as a Cook for Kuwala has completely transformed me.



Sphiwe

Sphiwe, Kuwala student_2021—inset photo shows Sphiwe working on a Biology assignment.

Getting to know the student. Meet Sphiwe



In her own words... I come from a family of four, and I have three sisters and a brother. I see myself becoming an agriculturist. I want to achieve my goals and help my family by using my education as a tool. My parents are very proud and happy for me that Kuwala selected me. Kuwala provides a good standard of living such as using a shower, flush toilets, sleeping in a hostel with a bed and nutritious food.

I enjoy science projects and computer skills. Apart from learning, I like attending storytelling sessions to improve my English vocabulary. Reading novels, I have found, also improves my language skills. Other activities that provide enjoyment include singing and dancing. In the future, I want to write a book when I graduate.

KUWALA MOVIE NIGHT.



Last month we showed you St. Peter's Assembly Hall getting **new technology** with the addition of a large television screen!

This month, the students are making the technology work while watching documentaries, and movies that supplement their learning.

Team work



Girls working on their Frisbee game. Kuwala_2021

Bottom row shows students demonstrating concepts in biology. While academic studies are important, the girls are extra committed to the surrounding village with Kuwala's Outreach program, where they help the elders fuel the spirit.



For more stories visit www.kuwala.org



Are you a member of a sports team or a member of a church youth group?

Are you planning a golf tournament, or are you a Church congregation looking for an International Mission? Would you consider planning an event or becoming a partner in fundraising or supporting a girl's school in Africa, making a measurable difference in girls' lives with no other options for an education?

We would be happy to have a discussion. Check out our website at Kuwala.org or connect with us at info@kuwala.org

To help with our fundraising Kuwala has a website with a call to action for donations using Canada Helps.

Donate now